

Program Objective

To provide a comfortable atmosphere to educate and support our maternity families in Sumter County.

Importance of

Prenatal Care Education

Prenatal care will help you learn about pregnancy and prepare you for changes you will experience during each trimester. By receiving prenatal care you are making a decision to partner with your provider to assist you in having a healthy pregnancy and a healthy baby.

The perfect way to answer all your questions.



Florida Department of Health in Sumter County

415 E. Noble Avenue
Bushnell, FL 33513



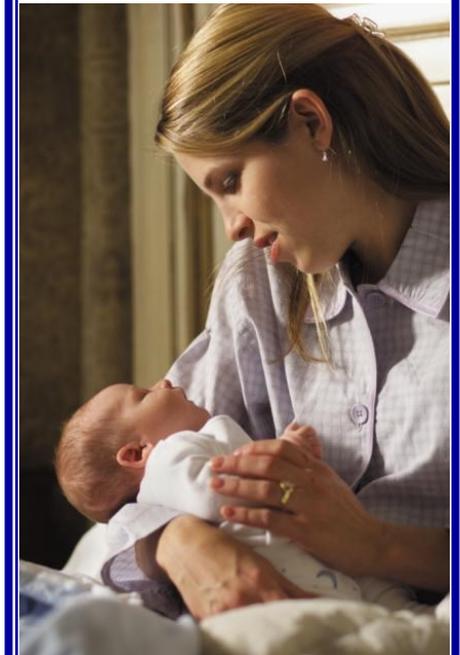
For more info contact
Kristina or Dorothy
352-569-3102

Updated: 09/18/2015



Florida Department
of Health
in Sumter County

Sumter M.O.M.S.



A Prenatal Care and
Education Program

352-569-3102

*This program was made
just for you!*

This program was designed especially for the expecting parents in Sumter County.

Not necessary to be a Sumter County Health Department Client.



OUR OBGYN

Dr. Wendell Courtney
is a

Board Certified Obstetrics and
Gynecology Physician.

He has privileges at Leesburg
Regional Medical Center.

Our OB clinic at SCHD is held on
Tuesday mornings and rotates
between the
Bushnell and Wildwood clinic.

Some topics covered...

Trimester 1,2,3
and
What to expect

Nutrition, Exercise, Safety,
Prenatal appointments,
Immunizations, Oral Care,
Healthy Start, WIC,
Pregnancy Problems,
Body Changes, Comfort
Family Planning,



Labor and delivery, Post partum,
Breastfeeding,
Choosing a pediatrician,
Newborn Care
Sudden Infant Death Syndrome
Shaken Baby Syndrome
Immunizations
Infant CPR

***Our meetings are
Small, Casual,
and fun***

Program includes:

*“What to expect
when you’re Expecting” Book*
Presentations
Guest Speakers
Resource Lists
Diaper Bag and Baby Supplies
Certified Lactation
Counselor

*Don’t miss out.
Register today.*

No cost to you.