



SWIM SAFE SUMTER

Swim Safe Sumter is a county-wide program provided during the summer months that offers low-cost swimming lesson.

\$10 per child, per lesson

Parent and Child Age 3

Begins with basic skills (floating and moving through the water with support) and the security of their parents arms.

Requires parent or guardian to accompany child in pool.

Preschool Aquatics Ages 4-5

Begins with basic skills, and continues to build on these skills until the child is able to swim on their own.

Learn to Swim Ages 6-17

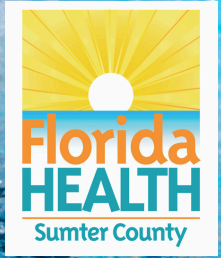
Begins with basic skills, advancing to swimming on their own, then to individual strokes including front crawl, elementary backstroke, back crawl, breaststroke and more.

Adults Ages 18+

Begins with basic skills, advancing to swimming on their own, then to individual strokes including front crawl, elementary backstroke, back crawl, breaststroke and more.



For more information, contact the Florida Department of Health in Sumter County at 352-569-3149 or 352-569-3147, or visit us online at Sumter.FloridaHealth.gov.



SWIM SAFE SUMTER

Swim Safe Sumter es un programa para todo el condado que se ofrece durante los meses de verano y que ofrece lecciones de natación de bajo costo.

\$10 por persona por sesión

Padre e Hijo 3 Edad

Comienza con habilidades básicas (flotar y moverse por el agua con apoyo) y la seguridad de los brazos de sus padres. **Requiere madre/padre o tutor en la piscina.**

Natación Preescolar Edades 4 -5

Comienza con habilidades básicas y continúa desarrollando estas habilidades hasta que el niño pueda nadar por sí solo.

Aprender a Nadar Edades 6-17

Comienza con habilidades básicas, avanza a nadar por su cuenta, luego a brazadas individuales que incluyen crol, brazada de espalda elemental, crol de espalda, braza y más.

Adulta/Adulto Edad 18+

Comienza con habilidades básicas, avanza a nadar por su cuenta, luego a brazadas individuales que incluyen crol, brazada de espalda elemental, crol de espalda, braza y más.



For more information, contact the Florida Department of Health in Sumter County at 352-569-3149 or 352-569-3147, or visit us online at Sumter.FloridaHealth.gov.



Swim Safe Sumter REGISTRATION FORM

Florida Department of Health in Sumter County
415 E Noble Ave.
Bushnell, FL 33513
Sumter.FloridaHealth.gov

In-person registration for swimming lessons completed on Friday, April 4 and 11, 2025, between 8 - 11:30 a.m. and 1 - 4 p.m.
If you have questions, please call 352-569-3149 or 352-569-3147.

Child's Name: _____ Sex: Female Male

Date of Birth: _____ Age at time of Lesson: _____

Race/Ethnicity: White Black Hispanic Asian Other: _____

Parent/Guardian Name: _____ Phone Number (1): _____

Phone Number (2): _____ Phone Number (3): _____

Physical Address: _____

Mailing Address: _____
(if different from physical address)

List any special accommodations that your child may need (ADHD/ADD, autism, physical limitations):

I verify that my child is in good physical condition, and I waive all responsibility of the Florida Department of Health in Sumter County (DOH-Sumter), as well as any partners of the Swim Safe Sumter program. I understand that aquatic activities may be dangerous and may cause minor or serious injury to my child.

Signature of Parent/Guardian

Date

ALL CLASS ARE \$10, PER PERSON.
Classes fill up fast, please select a first, second, and/or third option below.

YOU MAY ONLY SIGN-UP FOR ONE SESSION, PER PERSON.

- Session 1, 2, 3, and 4 are for children (ages 4-17) and held Monday through Thursday ONLY.
- Session 5 is for parents and children (age 3) AND adults (18+), held on Friday ONLY.

SESSION 1
May 12 - 29, 2025

4:30 p.m. 5:30 p.m. 6:30 p.m.

SESSION 2
June 2 - 19, 2025

10 a.m. 11 a.m. 12 p.m.

2:30 p.m. 3:30 p.m. 4:30 p.m.

5:30 p.m. 6:30 p.m.

SESSION 3
June 23 - July 10, 2025

10 a.m. 11 a.m. 12 p.m.

2:30 p.m. 3:30 p.m. 4:30 p.m.

5:30 p.m. 6:30 p.m.

SESSION 4
July 14 - July 31, 2025

10 a.m. 11 a.m. 12 p.m.

2:30 p.m. 3:30 p.m. 4:30 p.m.

5:30 p.m. 6:30 p.m.

SESSION 5 Parents and children (age 3)
June 6, 13, 20, 27, 2025

9:30 a.m. 10:45 a.m.

SESSION 5 Adults (18+)
June 6, 13, 20, 27, 2025

12:15 p.m. 1:20 p.m.

FOR OFFICE USE ONLY

Class Scheduled/Signed-up:
Session: 1 | 2 | 3 | 4 | 5 Time: _____ Level: _____



Swim Safe Sumter REGISTRATION FORM

Florida Department of Health in Sumter County
415 E Noble Ave.
Bushnell, FL 33513
Sumter.FloridaHealth.gov

Regístrese para la clase on Friday, April 4 and 11, 2025, between 8 - 11:30 a.m. and 1 - 4 p.m.
Por favor llame para cualquier pregunta 352-569-3149 or 352-569-3147.

Nombre de niño _____ Sexo: Niña Chico

Fecha de nacimiento: _____ Edad al momento de la lección _____

Raza/Etnicidad: Blanco Negro Hispana Otro: _____

Nombre del padre/madre o guardián: _____ Número de teléfono (1): _____

Número de teléfono (2): _____ Número de teléfono (3): _____

Dirección Postal: _____

Calle Postal: _____

Marque la casilla si la dirección postal es la misma que la de la calle.

¿Necesita su hijo algún alojamiento especial?

Verifico que mi hijo está en buenas condiciones físicas y niega toda responsabilidad al Departamento de Salud del Condado de Sumter (SCHD), así como a los socios del programa SwimSafe Sumter. Entiendo que las actividades acuáticas pueden ser peligrosas y pueden causar lesiones leves o graves a mi hijo.

Padre/Guardián Firma

Fecha

\$10, POR PERSONA

Plase marca una primera segunda y tercera opción a continuación.

SOLO PUEDES INSCRIBIRTE EN UNA CLASE.

- Las sesiones 1, 2, 3, y 4 son para niños (de 4 a 17 años) se llevan a cabo de lunes a jueves SOLAMENTE.
- Sesiones 5 es para padres e hijos (edad 3) Y adulterio (18+), SOLO el viernes.

SESIONES 1 12-29 De Mayo

4:30 p.m. 5:30 p.m. 6:30 p.m.

SESIONES 2 2-19 De Junio

10 a.m. 11 a.m. 12 p.m.
 2:30 p.m. 3:30 p.m. 4:30 p.m.
 5:30 p.m. 6:30 p.m.

SESIONES 3 23 De Junio - 10 De Julio

10 a.m. 11 a.m. 12 p.m.
 2:30 p.m. 3:30 p.m. 4:30 p.m.
 5:30 p.m. 6:30 p.m.

SESIONES 4 14-31 De Julio

10 a.m. 11 a.m. 12 p.m.
 2:30 p.m. 3:30 p.m. 4:30 p.m.
 5:30 p.m. 6:30 p.m.

SESIONES 5 Padres e hijos (edad 3) 6, 13, 20, 27 Junio

9:30 a.m. 10:45 a.m.

SESIONES 5 Adultos/Adultas (18+) 6, 13, 20, 27 Junio

12:15 p.m. 1:20 p.m.

FOR OFFICE USE ONLY

Class Scheduled/Signed-up:

Session: 1 | 2 | 3 | 4 | 5 Time: _____ Level: _____